

Allow yourself to unlock your own feminine presence, power and potential so you can BECOME YOU! As you contemplate the possibilities, formulate an intention you would like to send out to the universe. Feel free to write this down in your journal.

I AM...

My intention and prayer is that I AM becoming me.

The truest version of myself is shining so brightly that people all across the world can feel my loving presence.

They desire to live a life filled with EASE, PLEASURE, HARMONY and FREEDOM.

I AM living my life purpose and sharing my gifts with the world.

I AM a woman who honors and respects her faith and trusts in God's plan for her life.

**I AM a woman who stays true to her heart and soul.
I do not search outside myself or worry about what others think.**

I AM a woman who allows herself permission to enjoy the pleasures of life.

I AM a woman who embodies her full truth.

I AM honest with my feelings, faults failures frustrations and fears.

I AM a temple of the holy spirit. I love and appreciate my mind, body and soul each and every day.

I AM curious, brave, courageous, confident, beautiful, compassionate, fun, playful, loving, collaborative, and inspirational.

I AM filled with unconditional love and am a supporting and loving mother.

I AM a sexy passionate wild woman, who savors time with her husband.

I AM a loving friend with a support system of women with whom I call my sisters.

I AM a co-creator of my life with God.

I use the gifts and talents he provides for me to share with the world.

I AM a Faithfully Authentic Woman.

I AM ME.